



# Ruhkala a Leadership Academy

January 16, 2018

*Inspired to Learn. Committed to Lead*

Ruhkala Website: <http://rues.rocklinusd.org/>

Follow us on Twitter: [@RuhkalaLeaders](https://twitter.com/RuhkalaLeaders)



## Missoula:

We are very excited for the Missoula production of Alice in Wonderland on January 20th. Shows will be held at 11:00 am and 1:00 pm. The doors will open fifteen minutes before each show time.

Tickets are available in the front office. CASH ONLY. The cost of tickets are \$10.00 for adults and \$5.00 for children.

## A Missoula Reminder:

**Tryouts** are Tuesday, January 16th from 2:30-4:30

Please make sure you arrive at the Multi by 4:30 for pickup. Please understand that this production takes 50-60 children. We have 96 students trying out. This is the highest number of auditions we have ever had. Due to the fact that they are only taking 50-60 students please be on time to pick your child up at 4:30. If your child is chosen, they will eat a snack (you supply) and continue rehearsal until 6:45. Due to the rising cost of this program, there will be a \$35 fee per child. This is only if your child gets a part in the show. Please pay with a check made out to Ruhkala Elementary School by Wednesday, January 17th.



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## PTC Update

<http://www.ruhkalaptsc.com>

Monday Madness will be Monday, January 22nd immediately after school. Sign-ups are available in the office.

Our first spirit night of the year will be hosted by Panda Express on Wednesday the 24th. Please see the attached flyer.

Friday, January 26th is our free family movie night. We will be showing Alvin and the Chipmunks Chipwrecked and will have bake sale items for sale. Look for a sign up genius soon to share your delicious baked treats!

Mark your calendar and save the date for our Family Valentine Dance on February 9th!

Adults...mark your calendar and secure a sitter for March 2nd for our Ruhkala Round-Up Silent/Live Auction and Dinner at The Blue Goose in Loomis!

Tickets for both events will be on sale soon!

Thank you,  
Your Ruhkala PTC

# Go Huskies!



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## Monday

No School in Observance of Martin Luther King Day.

## Tuesday

Choir Practice (3:30-4:30/Room L)

VAPA Ms. Kelley/Ms. Brown

PTC Meeting (2:30/ Ms. Brown's Room)

## Wednesday

Ukuleles (3:30-4:30/Room L)

## Thursday

Ruhkala K-2 Spanish Club (2:30-3:00/Ms. Salata's Classroom/Room K3)

## Friday

Attendance Assembly (7:45-8:00/Multi)

### Save the Date:

Kindergarten Information Night will take place Tuesday, January 23, 2018 at 6:00 in the Multipurpose Room. Please share this information with those family and friends that have a child that will be entering kindergarten next year.

### Ruhkala Elementary's Early Engineers (LEGO) Classes

Mondays: 1:30-2:40pm

Room 12

Session C: 2/5, 2/12, 2/26, 3/19, 4/9

Register by calling: 916-419-7644

or click here: <https://www.dreamclasses.org/schools/ruhkala-elementary>



# Ruhkala Family Movie Night!

Join us for a **FREE** Ruhkala Family Movie Night  
We will be showing **Alvin & The Chipmunks Road Chip**

**Ruhkala Multipurpose Room**  
**Friday January 26th**  
**5:30pm-7:30pm**

*\* There will be Bake Sale items for sale.*

-The Ruhkala PTC Board & Helpful Huskies

**RUHKALA ELEMENTARY PTC**

Website: [RuhkalaPTC.com](http://RuhkalaPTC.com) - Email: [ruhkalaptc@gmail.com](mailto:ruhkalaptc@gmail.com)

Facebook: [Ruhkala Huskies](#) - Facebook Page: [Ruhkala Elementary PTC](#)



# FUNDRAISER EVENT

Raise Money for:  
Ruhkala Elementary School Parent Teacher Club

## When

Wednesday, January 24,  
2018  
5:00 PM - 9:00 PM

## Where

Panda Express  
at Sunset & Park  
2210 Sunset Blvd. Space#  
100  
Rocklin, CA 95765

## How

### **In-store:**

Show paper or digital version of this flyer

### **Online:**

Enter 241734 in the promo code box during  
online checkout.

20% of event sales will be donated to: Ruhkala Elementary School Parent Teacher Club

Participating fundraiser guests are required to present a valid fundraiser flyer (hard copy or smart phone) with each order to receive credit for the fundraiser. Flyers may not be distributed inside or within vicinity of restaurant including, without limitation to, the restaurant parking lot before or during your fundraiser. Panda Restaurant Group reserves the right to cancel any and all fundraiser events for any reason and/or withhold payment of associated donation funds if the Panda Restaurant Group Fundraiser Guidelines are not followed.

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# **RUHKALA ELEMENTARY SCHOOL A LEADERSHIP ACADEMY**

**Inspired to Learn. Committed  
to Lead**

Growing the *Young Leaders of Tomorrow.*

**Join us for Kindergarten Information Night! All families interested in more information about our dynamic kindergarten program and school are welcome!**

**Kindergarten  
Information Night  
is January 23th at  
6:00 in the  
Multipurpose  
Room**

**We are a proud part of the  
Rocklin Unified School  
District!**



**At Ruhkala Elementary our focus is  
on children.**

- It is our mission to challenge each student to achieve academic success.
- Learn through innovation, collaboration, and public presentation of learning.
- Value the school, home, and community partnership.
- Nurture the unique learning styles of all students.
- Immerse students in 21st century learning and real-world problem solving

**We welcome your questions. Please contact our office at: (916) 632-6560**



# **RUHKALA ELEMENTARY SCHOOL A LEADERSHIP ACADEMY**

**Inspired to Learn. Committed  
to Lead**

Growing the *Young Leaders of Tomorrow.*

**Kindergarten Information Night is January  
23th at 6:00 in our Multipurpose Room**



**We will begin accepting registration packets after the meeting in  
the front office or when the office opens the next morning.**

*As part of the registration process you will need to bring a registration packet, original  
birth certificate (for our viewing), immunization records, and a utility bill as Proof of  
Residency. You can find registration packets on our website.*



# YSciT™

Young Scientists in Training

## YSciT is launching a **brand new** STEM program in Rocklin



Students will gain Scientific Literacy by:

- Being exposed to the practical applications of Science
- Learning about the scientific method and its broader applications
- Engaging in scientific research and discussion

## Become a Young Scientist: Training available

YSciT™ offers a new opportunity for young minds to actively observe, explore, and understand science.



Availability in our weekly workshops and day camps is limited.  
Register ASAP to guarantee your spot.

Visit [www.yscit.org](http://www.yscit.org) or call (916) 410-3959 for locations and registration information.

*We make science fun* 

**Disclaimer:** These materials are neither sponsored nor endorsed by the Rocklin Unified School District, the superintendent, or this school. The school makes no representation regarding the nature or quality of the services or activities promoted. The Rocklin Unified School District shall be held harmless from any cause of action filed in any court or administrative tribunal arising out of the distribution of these materials, including all costs, attorney's fees and judgments or awards.





# Mix+Fizz=Reaction Workshops

Chemical reactions are fundamental to life and can also be very entertaining.

Young Scientists in Training will explore (WEAK) acid base reactions, find out the acidity in different food sources, identify presence of macromolecules in food and generate electricity and heat through fun and instructional experiments.

**Session 1** - 2:30pm – 4pm February 12th – March 12th - Parks and Recreation Office Senior Meeting Room.

**Session 2** - 4:15pm – 5:45pm February 12th – March 12th - Parks and Recreation Office Senior Meeting Room.

**Session 3** - 3:30pm – 5:30pm February 6th – March 6th - Rocklin Event Center Room 107

**Cost: \$115.00** (\$20 materials fee Included)

Courses offered at facilities provided by the Rocklin Parks and Recreation Department.

Links: [www.rocklin.ca.us/post/yscit](http://www.rocklin.ca.us/post/yscit)

For location and dates: [www.yscit.org/registration](http://www.yscit.org/registration)



# YSciT™

Young Scientists  
in Training

Expanded STEM workshops  
and day camps

[www.YSciT.org](http://www.YSciT.org)

(916) 410-3959

YSciT - Young Scientists in Training does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

## FREE PARENTING CLASSES

### Building Hope

Building Hope is a parent-to-parent education program for parents, family members and caregivers who are raising a child with mental health and/or behavioral challenges. The purpose of the course is to provide education of children's mental health, treatment options, accessing mental health treatment and local resources available to help address child's mental health and/or behavioral needs.

Jan 29-May 7 | Mon 6:30-8:30pm

### Co-Parenting

Co-Parenting is a 3-week class for separated/divorced, blended and foster/adopt families. Class material covers: understanding the hidden losses of the child, the role of the parent in co-parenting, and boundaries in communication. Come learn how to support the transient child (the child currently or having had lived in multiple homes)!

Jan 29-Feb 12 | Mon 6:30-8:30pm

### Parenting the Love & Logic Way

Parenting the Love & Logic Way is a 6-week class for parents, caregivers and educators on child discipline and responsibility that helps parents raise self-confident, motivated children who are ready for the real world. The class covers loving, yet powerful tools for parenting children of all ages. Come learn discipline strategies that actually work!

Jan 29-Mar 12 | Mondays 6:30-8:30pm

Jan 30-Mar 13 | Tuesdays 6:30-8:30pm

Jan 31-Mar 14 | Wednesdays 9:30-11:30am

### Coping with Anxiety & Stress for teens

Coping with Anxiety and Stress for Teens is a class designed to normalize teen's anxious feelings while also providing them with the knowledge and tools to recognize unhealthy levels of stress. This 3-week class offers teens (6-12th grade) interactive coping skills to help them reduce their anxiety levels at home and at school.

Jan 31-Feb 14 | Wed 3:30-4:30pm

### Anger Management for adults and kids

We offer 3 week anger management classes. We offer one for kids (K-5th), it teaches children how to identify their feelings and learn healthy ways to express them in a fun and playful way! We also offer one for adults, it teaches them how to deal with stressors and tense situations in a positive, constructive manner.

Feb 28-Mar 14 | Wed 3:30-4:30pm (kids)

Mar 1-Mar 15 | Thur 6:30-8:30pm (adults)

*Childcare provided for those who request it 24 hours in advance.*

**FOR MORE INFORMATION AND TO REGISTER: [DESTINYCOMMUNITY.ORG/FAMILY](https://destinycommunity.org/family)  
916-780-1873 | 6850 FIVE STAR BLVD, SUITE 3 | ROCKLIN, CA 95677**

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## HOMework ASSISTANCE

FREE Homework Assistance for kids in grades 1st-12th. Limited space available. Pre-registration required. Students may sign up for a maximum of 2 blocks per day (1 hour total per day). Students should bring homework and a pencil.

Jan 22 - May 3 | 3:30pm-6:00pm Mondays, Tuesdays & Thursdays

## FINANCIAL PEACE

Your money made simple. Learn to control your money and prepare for the future with Dave Ramsey's Financial Peace course. This 9-week series is offered in 3 sections on Thursdays 6:30pm - 8:30pm.

**Lessons 1-3 | Budgeting Basics | March 1-15**  
Super Saving, Relating with Money, and Cash Flow Planning

**Lessons 4-6 | Debt Relief | March 22-April 12 \*No class Mar 29**  
Dumping Debt, Buyer Beware, and The Role of Insurance

**Lessons 7-9 | Investments/Retirement | April 19-May 3**  
Retirement and College Planning, Real Estate and Mortgages,  
and The Great Misunderstanding

## CAREER BUILDING

This 3-week workshop covers writing a winning resume, networking effectively and making a lasting impression in your interview.

Jan 30-Feb 13 | Tuesdays 6:30-7:30pm

April 10-24 | Tuesdays 6:30-7:30pm

## ESL - ENGLISH AS A SECOND LANGUAGE

Beginning ESL provides beginning English to adults not fluent in English. This class covers conversational English including basic vocabulary and use of common phrases.

Tuesdays 6:30pm - 8:30pm | Jan 30-Mar 13

*Childcare provided for those who request it 24 hours in advance.*

**FOR MORE INFO AND TO REGISTER: [DESTINYCOMMUNITY.ORG/EDUCATION](https://destinycommunity.org/education)  
916-780-1873 | 6850 FIVE STAR BLVD, SUITE 3 | ROCKLIN, CA 95677**


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# Rocklin Unified School District - Information Night

## Transitional Kindergarten Registration 2018-19

Parents, guardians, and preschool providers:

You are invited to attend a Transitional Kindergarten (TK) Information Meeting at the RUSD District Office to learn more about the registration timeline and procedures for enrolling your child in the Transitional Kindergarten program for the 2018-19 school year. An overview will be presented on how this program will successfully start your child's educational experience and meet your child's needs. Please join us to find out about the high-quality program awaiting your child!



### Transitional Kindergarten Information Meeting

Tuesday, January 16, 2018 at 6:00 p.m. at  
Rocklin Unified School District Office  
2615 Sierra Meadows Drive  
Phone: 624-2428

### Requirements for entering TK for the 2018-19 school year:

- ◆ Child's birth date must be between September 2, 2013 and December 2, 2013 to attend TK per *Education Code* Section 48000(c).
  - ◆ Per *Education Code* Section 48002, provide proof of child's age (for example, a certified copy of a birth certificate, a statement by the local registrar or county recorder certifying the date of birth, a duly attested baptism certificate, passport; or, when none of the foregoing is obtainable, an affidavit of the parent, guardian, or custodian of the minor \*\*).
  - ◆ Provide proof of residence (for example, current utility bill or notarized escrow papers).
  - ◆ California law, *Education Code* Section 48216, requires that each child entering school for the first time present evidence of being fully immunized against Diphtheria, Tetanus, and Pertussis (DTP); Polio; Hepatitis B; Mumps, Measles and Rubella (MMR); Chicken Pox (Varicella), and Haemophilus Influenza Type B. No child will be permitted to attend school in the Rocklin Unified School District unless a documented, up-to-date immunization record of required immunizations is submitted to the school.
  - ◆ California law, *Education Code* Section 49452.8(a), requires that your child have an oral health assessment by May 31 of his/her first year in public school.
  - ◆ The District also recommends that each entering student have a physical examination.
- \*\* The "Proof of Age Affidavit" form can be obtained from the school site or from the RUSD District Office during regular office hours (7:30-4:30).

Beginning December 12, 2017 registration packets will be available to print from the RUSD website ([www.rocklinusd.org](http://www.rocklinusd.org)) or may be picked up at the District Office. Registration packets will also be available at the Information Meeting on January 16. Completed packets may be turned in at the January 16 meeting. **Return completed TK packets to Rocklin Unified School District Office, 2615 Sierra Meadows Drive beginning Wednesday, January 17. RUSD District Office hours are 7:30-4:30.**

# Preschool, TK, and Kindergarten Rocks at RUSD



Don't miss Rocklin Unified School District's First Preschool, TK and Kindergarten Round Up! Become a Rockstar and be part of Rocklin Unified School District's  
**EXCELLENCE IN EDUCATION!**

**SATURDAY, JANUARY 20<sup>th</sup>, 2018**

**EVENT TIME: 9:00am – 1:00pm**

**LOCATION**

Rocklin High School Cafeteria  
Rocklin High School  
5301 Victory Lane, Rocklin 95765  
(Plenty of Parking)

We are so excited to have you attend our first Preschool/TK/Kindergarten **ENROLLMENT EVENT!** Please save the date and time – **YOU WON'T WANT TO MISS IT!**

**Here's What to Expect:**

- ♥ Hourly drawings for a FREE cool backpack for your soon-to-be RUSD Rockstar!
- ♥ Enroll your child at the event: online registration available!
- ♥ Check out activities your little one(s) will be part of at RUSD Preschool, Transitional Kindergarten and Kindergarten Programs!
- ♥ Important information about RUSD programs including Special Education, English Language Learners, and GATE (Gifted and Talented Education).
- ♥ Important information about our partnership with the Rocklin Police Department and many free services like Child ID, Hands Only CPR and much more!
- ♥ Fun for the entire family!





# VISION

## SOCCER TRAINING

*Focused on Player Development!*

**SKILLS  
AFTER  
SCHOOL**  
Monthly Skills Clinic  
for Boys & Girls

**Exciting  
changes  
this year!**

### Something for everyone

New players will learn the fundamentals of soccer & experienced players will develop their soccer skills through individual and group skills tactics

### Not just an after school club

Weekly homework skills & a homework log book record each player's progress. All players get access to our online skills tutorials which break down skills step by step.

### Superb Coaching Staff

Our coaches have professional coaching certifications, ensuring that all participants get phenomenal skills lessons.

### Getting to class couldn't be easier!

Players meet their teammates and coach on the school field, immediately after school. Same time & day each week.

### SPEED, AGILITY & QUICKNESS

Build skills that are applicable to all sports, not just soccer!

### NEW & IMPROVED CURRICULUM

Progressive curriculum  
No repeated sessions  
Individual skill building

### Monthly Clinic

4 Classes in a Clinic,  
60-minute classes.

### EARLY BIRD REGISTRATION

### HOMEWORK BOOK

Players receive weekly skills homework and a homework log book to record the progress they make.

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### ONLINE SKILLS RESOURCE

Online skills videos break down the weeks individual skills lessons, in an easy to follow format.

### MINIMUM DAY & HOLIDAY CAMPS

Special camps for minimum days and holidays.

**Get 1 Clinic FREE** - when you register for a 3 clinic bundle!

[www.VisionSoccerTraining.com](http://www.VisionSoccerTraining.com) | 916.837.0336





4-H EVENT

## Placer County 4-H presents Youth Leadership Conference



### LEARN TODAY TO LEAD TOMORROW

The Youth Leadership Conference brings together youth from Placer County for leadership training, networking, and a memorable learning experience. We will be offering two workshop sessions in the morning, followed by lunch and a community service activity in the afternoon.

Visit our website to register

<https://ucanr.edu/survey/survey.cfm?surveynumber=22426>

For questions, please contact the Placer County 4-H Office at 530-889-7386

Cost: Free

Age: Grade 6<sup>th</sup> – 12<sup>th</sup>

### When

Saturday, January 20  
8:00am—5:00pm  
Lunch at noon!

### Where

Del Oro High School  
3301 Taylor Road  
Loomis, CA 95650



University of California

Agriculture and Natural Resources

4-H Youth Development Program



*It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at <http://ucanr.edu/sites/anrstaff/files/169224.pdf>) Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources.*

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Calling all girls ages 5-16 to Play Ball !

RGFPSL is committed to promoting recreational softball and social, physical, mental and moral development of young ladies of the Rocklin community.

2018 Season: March 9 - May 26  
Early Registration: Nov 1 - Dec 3, 2017  
Late Registration: Dec 4 - Jan 2, 2018  
Ages: 6U (Tee Ball),  
8U, 10U, 12U, 14/16U

**[www.RocklinGirlsSoftball.org](http://www.RocklinGirlsSoftball.org)**

We look forward to educating players about sportsmanship, teamwork, fellowship, courtesy, discipline and integrity. Help us by volunteering as a Coach, Manager, Team Mom or Score Keeper !

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# MONDAY MADNESS

◆ Crazy ◆ Fun ◆  
◆ Relays ◆ Friends ◆

ROCKLIN GROCERY OUTLET IS PROVIDING THE SNACK & THE PTC IS PLANNING THE FUN, ASK YOUR FRIENDS AND JOIN THE FUN!

1:30 - 2:30  
Immediately after school  
Kinders - 6th, Kinders will be escorted  
Ruhkala's Multi Purpose Room  
Pick up will be from the back parking lot

On the following Mondays  
October 23      March 19  
December 11    April 23  
January 22      May 14

Questions or want to help us make madness a success...  
[ruhkalaptc@gmail.com](mailto:ruhkalaptc@gmail.com)

**\$5 PER MONDAY \$ 15 FOR THREE PLAY DATES \$30 FOR THE YEAR**

Make checks payable to  
Ruhkala PTC

PLEASE FILL OUT ONE TICKET TO FUN PER CHILD ASAP TO RESERVE A SPOT

Child's Name \_\_\_\_\_ Food Allergies \_\_\_\_\_

Teacher \_\_\_\_\_ Grade \_\_\_\_\_

Parent's Name \_\_\_\_\_

Number \_\_\_\_\_ email \_\_\_\_\_

Emergency Name and number \_\_\_\_\_

My child will.... { } walk home { } I will pick them up

{ } go home with \_\_\_\_\_

Parent Signature \_\_\_\_\_ \$ \_\_\_\_\_

ADMIT ONE