

Ruhkala a Leadership Academy

January 16, 2018

Inspired to Learn. Committed to Lead

Ruhkala Website: http://rues.rocklinusd.org/

Follow us on Twitter: @Ruhkalaleaders



Missoula:

We are very excited for the Missoula production of Alice in Wonderland on January 20th. Shows will be held at 11:00 am and 1:00 pm. The doors will open fifteen minutes before each show time.

Tickets are available in the front office. CASH ONLY. The cost of tickets are \$10.00 for adults and \$5.00 for children.

A Missoula Reminder:

Tryouts are Tuesday, January 16th from 2:30-4:30

Please make sure you arrive at the Multi by 4:30 for pickup. Please understand that this production takes 50-60 children. We have 96 students trying out. This is the highest number of auditions we have ever had. Due to the fact that they are only taking 50-60 students please be on time to pick your child up at 4:30. If your child is chosen, they will eat a snack (you supply) and continue rehearsal until 6:45. Due to the rising cost of this program, there will be a \$35 fee per child. This is only if your child gets a part in the show. Please pay with a check made out to Ruhkala Elementary School by Wednesday, January 17th.



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PTC Update

http://www.ruhkalaptsc.com

<u>Monday Madness</u> will be Monday, January 22nd immediately after school. Sign-ups are available in the office.

Our first spirit night of the year will be hosted by <u>Panda Express</u> on Wednesday the 24th. Please see the attached flyer.

Friday, January 26th is our <u>free family movie night</u>. We will be showing Alvin and the Chipmunks Chipwrecked and will have bake sale items for sale. Look for a sign up genius soon to share your delicious baked treats!

Mark your calendar and save the date for our <u>Family Valentine Dance</u> on February 9th!

Adults...mark your calendar and secure a sitter for March 2nd for our Ruhkala Round-Up Silent/Live Auction and Dinner at The Blue Goose in Loomis!

Tickets for both events will be on sale soon!

Thank you, Your Ruhkala PTC

Go Huskies!



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Monday

No School in Observance of Martin Luther King Day.

Tuesday

Choir Practice (3:30-4:30/Room L)

VAPA Ms. Kelley/Ms. Brown

PTC Meeting (2:30/ Ms. Brown's Room)

Wednesday

Ukuleles (3:30-4:30/Room L)

Thursday

Ruhkala K-2 Spanish Club (2:30-3:00/Ms. Salata's Classroom/Room K3)

Friday

Attendance Assembly (7:45-8:00/Multi)

Ruhkala Elementary's Early Engineers (LEGO) Classes

Mondays: 1:30-2:40pm

Room 12

Session C: 2/5, 2/12, 2/26, 3/19, 4/9 Register by calling: 916-419-7644

or click here: https://www.dreamclasses.org/schools/ruhkala-elementary

Save the Date:

Kindergarten Information
Night will take place
Tuesday, January 23, 2018
at 6:00 in the Multipurpose
Room. Please share this
information with those
family and friends that have
a child that will be entering
kindergarten next year.



Join us for a FREE Ruhkala Family Movie Night We will be showing Alvin & The Chipmunks Road Chip

> Ruhkala Multipurpose Room Friday January 26th 5:30pm-7:30pm

* There will be Bake Sale items for sale.

-The Ruhkala PTC Board & Helpful Huskies

RUHKALA ELEMENTARY PTC

Website: RuhkalaPTC.com - Email: ruhkalaptc@gmail.com Facebook: Ruhkala Huskies - Facebook Page: Ruhkala Elementary PTC



FUNDRAISER EVENT

Raise Money for: Ruhkala Elementary School Parent Teacher Club

When

Wednesday, January 24, 2018 5:00 PM - 9:00 PM

Where

Panda Express at Sunset & Park 2210 Sunset Blvd. Space# 100 Rocklin, CA 95765

How

In-store:

Show paper or digital version of this flyer

Online:

Enter 241734 in the promo code box during online checkout.

20% of event sales will be donated to: Ruhkala Elementary School Parent Teacher Club

Participating fundraiser guests are required to present a valid fundraiser flyer (hard copy or smart phone) with each order to receive credit for the fundraiser. Flyers may not be distributed inside or within vicinity of restaurant including, without limitation to, the restaurant parking lot before or during your fundraiser. Panda Restaurant Group reserves the right to cancel any and all fundraiser events for any reason and/or withhold payment of associated donation funds if the Panda Restaurant Group Fundraiser Guidelines are not followed.

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RUHKALA ELEMENTARY SCHOOL A LEADERSHIP ACADEMY

Inspired to Learn. Committed to Lead

Growing the Young Leaders of Tomorrow.

Join us for Kindergarten Information Night! All families interested in more information about our dynamic kindergarten program and school are welcome!

Kindergarten
Information Night
is January 23th at
6:00 in the
Multipurpose
Room

We are a proud part of the Rocklin Unified School District!



At Ruhkala Elementary our focus is on children.

- It is our mission to challenge each student to achieve academic success.
- Learn through innovation, collaboration, and public presentation of learning.
- Value the school, home, and community partnership.
- Nurture the unique learning styles of all students.
- Immerse students in 21st century learning and real-world problem solving

We welcome your questions. Please contact our office at: (916) 632-6560



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Kindergarten Information Night is January 23th at 6:00 in our Multipurpose Room

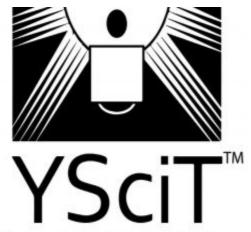


We will begin accepting registration packets after the meeting in the front office or when the office opens the next morning.

As part of the registration process you will need to bring a registration packet, original birth certificate (for our viewing), immunization records, and a utility bill as Proof of Residency. You can find registration packets on our website.



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Young Scientists in Training

YSciT is launching a **brand new** STEM program in Rocklin



Students will gain Scientific Literacy by:

- ☑ Being exposed to the practical applications of Science
- Learning about the scientific method and its broader applications
- ▼ Engaging in scientific research and discussion

Become a Young Scientist: Training avaliable

YSciT™ offers a new opportunity for young minds to actively observe, explore, and understand science.



Availability in our weekly workshops and day camps is limited.

Register ASAP to guarantee your spot.

Visit www.yscit.org or call (916) 410-3959 for locations and registration information.

We make science fun

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Mix+Fizz=Reaction Workshops

Chemical reactions are fundamental to life and can also be very entertaining.

Young Scientists in Training will explore (WEAK) acid base reactions, find out the acidity in different food sources, identify presence of macromolecules in food and generate electricity and heat through fun and instructional experiments.

Session 1 - 2:30pm - 4pm February 12th - March 12th - Parks and Recreation Office Senior Meeting Room.

Session 2 - 4:15pm - 5:45pm February 12th - March 12th - Parks and Recreation Office Senior Meeting Room.

Session 3 - 3:30pm - 5:30pm February 6th - March 6th - Rocklin Event Center Room 107

Cost: \$115.00 (\$20 materials fee Included)

Courses offered at facilities provided by the Rocklin Parks and Recreation Department. Links: www.rocklin.ca.us/post/yscit

For location and dates: www.yscit.org/registration



Expanded STEM workshops and day camps

www.YSciT.org

(916) 410-3959

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YSciT - Young Scientists in Training does not and shall not discriminate on the basis of race, color, religion (creed), gender, gender expression, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, in any of its activities or operations.

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FAMILY

FREE PARENTING CLASSES

Building Hope

Building Hope is a parent-to-parent education program for parents, family members and caregivers who are raising a child with mental health and/or behavioral challenges. The purpose of the course is to provide education of children's mental health, treatment options, accessing mental health treatment and local resources available to help address child's mental health and/or behavioral needs.

Jan 29-May 7 | Mon 6:30-8:30pm

Co-Parenting

Co-Parenting is a 3-week class for separated/divorced, blended and foster/adopt families. Class material covers: understanding the hidden losses of the child, the role of the parent in co-parenting, and boundaries in communication. Come learn how to support the transient child (the child currently or having had lived in multiple homes)!

Jan 29-Feb 12 | Mon 6:30-8:30pm

Parenting the Love & Logic Way

Parenting the Love & Logic Way is a 6-week class for parents, caregivers and educators on child discipline and responsibility that helps parents raise self-confident, motivated children who are ready for the real world. The class covers loving, yet powerful tools for parenting children of all ages. Come learn discipline strategies that actually work!

Jan 29-Mar 12 | Mondays 6:30-8:30pm Jan 30-Mar 13 | Tuesdays 6:30-8:30pm Jan 31-Mar 14 | Wednesdays 9:30-11:30am

Coping with Anxiety & Stress for teens

Coping with Anxiety and Stress for Teens is a class designed to normalize teen's anxious feelings while also providing them with the knowledge and tools to recognize unhealthy levels of stress. This 3-week class offers teens (6-12th grade) interactive coping skills to help them reduce their anxiety levels at home and at school.

Jan 31-Feb14 | Wed 3:30-4:30pm

Anger Management for adults and kids

We offer 3 week anger management classes. We offer one for kids (K-5th), it teaches children how to identify their feelings and learn healthy ways to express them in a fun and playful way! We also offer one for adults, it teaches them how to deal with stressors and tense situations in a positive, constructive manner.

Feb 28-Mar 14 | Wed 3:30-4:30pm (kids) Mar 1-Mar 15 | Thur 6:30-8:30pm (adults)

Childcare provided for those who request it 24 hours in advance.

FOR MORE INFORMATION AND TO REGISTER: DESTINYCOMMUNITY.ORG/FAMILY 916-780-1873 | 6850 FIVE STAR BLVD, SUITE 3 | ROCKLIN, CA 95677

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EDUCATION

HOMEWORK ASSISTANCE

FREE Homework Assistance for kids in grades 1st-12th. Limited space available. Pre-registration required. Students may sign up for a maximum of 2 blocks per day (1 hour total per day). Students should bring homework and a pencil.

Jan 22 - May 3 | 3:30pm-6:00pm Mondays, Tuesdays & Thursdays

FINANCIAL PEACE

Your money made simple. Learn to control your money and prepare for the future with Dave Ramsey's Financial Peace course. This 9-week series is offered in 3 sections on Thursdays 6:30pm - 8:30pm.

> Lessons 1-3 | Budgeting Basics | March 1-15 Super Saving, Relating with Money, and Cash Flow Planning

Lessons 4-6 | Debt Relief | March 22-April 12 *No class Mar 29 Dumping Debt, Buyer Beware, and The Role of Insurance

Lessons 7-9 | Investments/Retirement | April 19-May 3 Retirement and College Planning, Real Estate and Mortgages, and The Great Misunderstanding

CAREER BUILDING

This 3-week workshop covers writing a winning resume, networking effectively and making a lasting impression in your interview.

Jan 30-Feb 13 | Tuesdays 6:30-7:30pm April 10-24 | Tuesdays 6:30-7:30pm

ESL - ENGLISH AS A SECOND LANGUAGE

Beginning ESL provides beginning English to adults not fluent in English. This class covers conversational English including basic vocabulary and use of common phrases.

Tuesdays 6:30pm - 8:30pm | Jan 30-Mar 13

Childcare provided for those who request it 24 hours in advance.

FOR MORE INFO AND TO REGISTER: DESTINYCOMMUNITY.ORG/EDUCATION 916-780-1873 | 6850 FIVE STAR BLVD, SUITE 3 | ROCKLIN, CA 95677

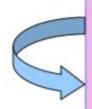
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Rocklin Unified School District - Information Night

Transitional Kindergarten Registration 2018-19

Parents, guardians, and preschool providers:

You are invited to attend a Transitional Kindergarten (TK) Information Meeting at the RUSD District Office to learn more about the registration timeline and procedures for enrolling your child in the Transitional Kindergarten program for the 2018-19 school year. An overview will be presented on how this program will successfully start your child's educational experience and meet your child's needs. Please join us to find out about the high-quality program awaiting your child!



Transitional Kindergarten Information Meeting

Tuesday, January 16, 2018 at 6:00 p.m. at Rocklin Unified School District Office 2615 Sierra Meadows Drive Phone: 624-2428

Requirements for entering TK for the 2018-19 school year:

- Child's birth date must be between September 2, 2013 and December 2, 2013 to attend TK per Education Code Section 48000(c).
- Per Education Code Section 48002, provide proof of child's age (for example, a certified copy of a birth
 certificate, a statement by the local registrar or county recorder certifying the date of birth, a duly attested
 baptism certificate, passport; or, when none of the foregoing is obtainable, an affidavit of the parent, guardian,
 or custodian of the minor **).
- Provide proof of residence (for example, current utility bill or notarized escrow papers).
- California law, Education Code Section 48216, requires that each child entering school for the first time present
 evidence of being fully immunized against Diphtheria, Tetanus, and Pertussis (DTP); Polio; Hepatitis B;
 Mumps, Measles and Rubella (MMR); Chicken Pox (Varicella), and Haemophilus Influenza Type B. No
 child will be permitted to attend school in the Rocklin Unified School District unless a documented, up
 -to-date immunization record of required immunizations is submitted to the school.
- California law, Education Code Section 49452.8(a), requires that your child have an oral health assessment by May 31 of his/her first year in public school.
- The District also recommends that each entering student have a physical examination.
- *** The "Proof of Age Affidavit" form can be obtained from the school site or from the RUSD District Office during regular office hours (7:30-4:30).

Beginning December 12, 2017 registration packets will be available to print from the RUSD website (www.rocklinusd.org) or may be picked up at the District Office. Registration packets will also be available at the Information Meeting on January 16. Completed packets may be turned in at the January 16 meeting. Return completed TK packets to Rocklin Unified School District Office, 2615 Sierra Meadows Drive beginning Wednesday, January 17. RUSD District Office hours are 7:30-4:30.

Preschool, TK, and Kindergarten Rocks at RUSD



Don't miss Rocklin Unified School District's First Preschool, TK and Kindergarten Round Up! Become a Rockstar and be part of Rocklin Unified School District's

EXCELLENCE IN EDUCATION!

SATURDAY, JANUARY 20th, 2018

EVENT TIME: 9:00am – 1:00pm

LOCATION

Rocklin High School Cafeteria Rocklin High School 5301 Victory Lane, Rocklin 95765 (Plenty of Parking)

We a re so excited to have you attend our first Preschool/TK/Kindergarten ENROLLMENT EVENT! Please save the date and time – YOU WON'T WANT TO MISS IT!

Here's What to Expect:

- Hourly drawings for a FREE cool backpack for your soon-to-be RUSD Rockstar!
- Enroll your child at the event: online registration available!
- Check out activities your little one(s) will be part of at RUSD Preschool, Transitional Kindergarten and Kindergarten Programs!
- Important information about RUSD programs including Special Education, English Language Learners, and GATE (Gifted and Talented Education).
- Important information about our partnership with the Rocklin Police Department and many free services like Child ID, Hands Only CPR and much more!
- Fun for the entire family!



SPEED, AGILITY & QUICKNESS

Build skills that are applicable to all sports, not just soccer!

EARLY BIRD REGISTRATION

ONLINE SKILLS RESOURCE

Online skills videos break down the weeks individual skills lessons, in an easy to follow format.

NEW & IMPROVED CURRICULUM

Progressive curriculum No repeated sessions Individual skill building

HOMEWORK BOOK

Players receive weekly skills homework and a homework log book to record the progress they make.

MINIMUM DAY & HOLIDAY CAMPS

Special camps for minimum days and holidays.

Get 1 Clinic FREE - when you register for a 3 clinic bundle!

Monthly Clinic

4 Classes in a Clinic. 60-minute classes.

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Placer County 4-H presents

Youth Leadership Conference



LEARN TODAY TO LEAD TOMORROW

The Youth Leadership Conference brings together youth from Placer County for leadership training, networking, and a memorable learning experience. We will be offering two workshop sessions in the morning, followed by lunch and a community service activity in the afternoon.

Visit our website to register

https://ucanr.edu/survey/survey.cfm?surveynumber=22426

For questions, please contact the Placer County 4-H Office at 530-889-7386 Age: Grade 6th - 12th Cost: Free

When

Saturday, January 20 8:00am-5:00pm Lunch at noon!

Where

Del Oro High School 3301 Taylor Road Loomis, CA 95650



University of California Agriculture and Natural Resources 4-H Youth Development Program

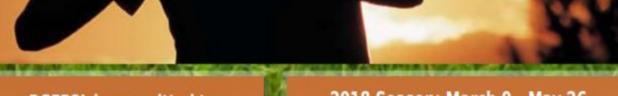


It is the policy of the University of California (UC) and the UC Division of Agriculture & Natural Resources not to engage in discrimination against or harassment of any person in any of its programs or activities (Complete nondiscrimination policy statement can be found at http://ucunr.ndu/sites/anrstuffffiles/169224.pdf) Inquiries regarding ANR's nondiscrimination policies may be directed to Linda Marie Manton, Affirmative Action Contact, University of California, Davis, Agriculture and Natural Resources,

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Calling all girls ages 5-16 to Play Ball!



RGFPSL is committed to promoting recreational softball and social, physical, mental and moral development of young ladies of the Rocklin community.

2018 Season: March 9 - May 26
Early Registration: Nov 1 - Dec 3, 2017
Late Registration: Dec 4 - Jan 2, 2018
Ages: 6U (Tee Ball),
8U, 10U, 12U, 14/16U

www.RocklinGirlsSoftball.org

We look forward to educating players about sportsmanship, teamwork, fellowship, courtesy, discipline and integrity. Help us by volunteering as a Coach, Manager, Team Mom or Score Keeper!

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MONDAY MADNESS



Fun 🔶

ROCKLIN GROCERY OUTLET IS PROVIDING THE SNACK & THE PTC IS

1:30 - 2:30 Immediately after school Relays 🔶 Friends PLANNING THE FUN, ASK YOUR

Kinders - 6th, Kinders will be escorted

On the following Mondays October 23 March 19 April 23 December 11 January 22 May 14

Questions or want to help us make madness a success.... ruhkalaptc@gmail.com

FRIENDS AND JOIN THE FUN!

Ruhkala's Multi Purpose Room Pick up will be from the back parking lot

\$5 PER MONDAY \$15 FOR THREE PLAY DATES \$30 FOR THE YEAR

Make checks payable to Ruhkala PTC

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Child's Name	Food Allergies	
Teacher	Grade	
Parent's Name		
Number	email	
Emergency Name and number		
My child will {	} walk home { } I will pick them up	
	{ } go home with	
Parent Signature	\$	